

# Simply Grace Application

Simply Grace Counseling Center ATT: Admissions  
580 W Arapaho Rd STE 208  
Richardson, TX 75080  
Call 214-774-9808 with any questions.

Please email the application to: [brehn@simplygracehouse.com](mailto:brehn@simplygracehouse.com)

Please complete all questions below.

Date Submitted:

Submitted by:

## Client Information

Name: Gender/Gender Identity:  
DOB: Age: SSN:  
Address: City/State/Zip:  
Mobile Ph.: Email:  
Expect to Enroll:  
Ethnicity: Race:  
Height: Weight:  
School Grade: Religious Pref:

## Parent/Guardian/Sponsor Information

Parent/Guardian/Sponsor: (PRIMARY CONTACT)

Name: Relationship:  
Address: Home Phone:  
Mobile Phone: Email:  
Contact Method:

Sponsor Name: Phone:  
Preferred Email:

Emerg. Contact: *(if different from above)*

## Referral Information

How did you first hear about Simply Grace?

Briefly describe the relationship between this person and the applicant:

Please give the name(s) of the referral source including phone, fax number and email:

Name: Phone: Fax: Email:

Can we Contact? Yes/No

Reason for referral: Chief complaint and symptoms *(please be very specific including issues at home and school as well as any symptoms noticed such as mood changes, etc.)*

## Financial and Logistics

I will have Transportation YES/NO

I will be financially responsible for my program fees YES/NO

I will have support from family/other for my program fees YES/NO

I will be enrolled in a form of higher education YES/NO

I am employed YES/NO

## Recovery Information

I am a recovering alcoholic YES/NO I am a recovering drug addict YES/NO

I am planning to attend an aftercare program YES/NO I am planning to attend an IOP program YES/NO

I am planning to attend 90 days of meetings YES/NO

**Sobriety Date:**

**Are you discharging from a substance abuse program? YES/NO**

*If yes, list the facility name, address, counselor, and phone number:*

**Previous Treatment:**

## Medical History

**Please list all allergies and medical restrictions:**

**Do you take prescription drugs? YES/NO**

*If yes, list the prescribed drugs, the reason, the prescribing doctor, and the frequency of doses. Remember, Simply Grace does not allow controlled substances of any type on the property.*

**Medications:**

**Please list all allergies and medical restrictions: (circle one)**

**Food allergies? yes/no**

*If yes, please explain:*

**Weight loss or gain of 10 pounds or more in the last 3 months? yes/no**

**If yes, please explain:**

**Decrease in food intake and/or appetite? yes/no**

*If yes, please explain:*

**Dental problems? yes/no**

*If yes, please explain:*

**Eating habits or behaviors that may be indicators of an eating disorder, such as bingeing or inducing vomiting?**

**yes/no If yes, please explain:**

**Are you currently experiencing any pain? yes/no**

*If yes, please answer the below questions.*

**1. Pain Intensity**

**Please rate the severity of your pain: On a scale of 0 to 10, where 0 = No pain 10 = Worst possible pain**

**Current pain intensity: Worst pain in the last 24 hours: Least pain in the last 24 hours:**

**2. Pain Location**

**3. Pain Description**

Please describe your pain using the following terms: *sharp, dull, aching, burning, throbbing, stabbing, radiating, cramping, tingling, stiffness*

Other:

**4. Pain Duration-When did your pain start?**

How long does the pain last? (Circle all that apply)

*Constant, Comes and goes, Lasts for a few minutes, Lasts for several hours*

Other:

**5. Pain Triggers**

What seems to trigger or worsen your pain? (Circle all that apply)

*Movement, Activity, Temperature(heat/cold), Stress, Specific positions, Lifting or bending, Eating or digestion, Resting*

Other:

**6. Pain Relief**

What helps to relieve or decrease your pain? (Circle all that apply)

*Rest, Heat therapy, Cold therapy, Massage, Stretching, Relaxation techniques, Physical therapy*

**7. Impact on Daily Activities**

Please rate how much your pain affects the following activities:

*Work or School, Household Chores, Socializing with Friends/Family, Sleeping, Exercising/Physical Activity, Eating*

**8. Additional Comments**

Please provide any other details about your pain or how it impacts your life:

**Legal History**

**Do you have any pending court cases other than moving violations? YES/NO**

*If yes, explain: (bond, probation, pending court case)*

**Have you ever been convicted of a felony? YES/NO**

*If, yes please explain.*

**Have you ever been accused or convicted of a sexual offense? YES/NO**

*If, yes please explain.*

**Insurance Information**

**Primary Insurance Company:**

**Secondary Insurance Company (if you have secondary)**

**Address:**

**Benefits Phone:**

**Policy Number:**

**Policyholder's Name:**

**Date of Birth:**